

Non-Toxic Head Lice Treatment

According to a study by Dr. Dale Pearlman, a specialist in dermatology, in the *Official Journal of the American Academy of Pediatrics* parents reported >50% reduction in the amount of work and time required to perform the following treatment compared with prior experience with treatments requiring extensive household cleaning and nit removal.

Treatment:

1. Massage Cetaphil Gentle Skin Cleanser thoroughly into hair and scalp. Wait two minutes.
2. Comb out as much excess lotion as possible.
3. Dry hair with handheld hair-dryer to dry lotion to scalp and coat any lice.
4. After eight or more hours, shampoo the child's hair with his or her regular shampoo. Usually parents leave dried lotion in place until the child's shower or bath the next day.

Must use the treatment in three applications done at one-week interval for best results

Please check with your health care provider to determine which treatment is appropriate for your child.

<http://nuvoforheadlice.com>

Pearlman, D. L. (2004). A simple treatment for head lice: dry-on, suffocation-based pediculide. *Official Journal of the American Academy of Pediatrics*, 114, 275-279.

